

Orario Corsi Aquarium Club SMALL GROUP



Lunedì 14	Martedì 15	Mercoledì 16	Giovedì 17	Venerdì 18	Sabato 19
Spinning 09:30-10:20		Spinning 09:30-10:20			
	Wellback system funz 10:30-11:20		Wellback system funz 10:30-11:20		
Spinning 13:00-13:50		Spinning 13:00-13:50		Spinning 13:00-13:50	
				Wellback system funz 15:00-15:50	
Spinning 17:30-18:20		Wellback system funz 17:00-17:50			
Top step 18:20-19:10	Spinning 18:00-18:50		Spinning 18:00-18:50	Liubatec 18:00-18:50	
Liubatec 19:10-20:00	Nia 19:00-20:00	Spinning 19:30-20:20	Nia 19:00-20:00	Spinning 19:00-19:50	